



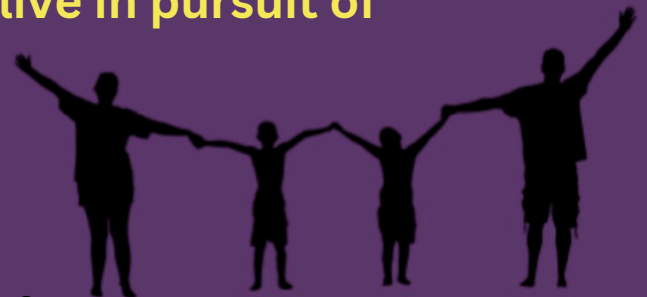
Health Fair On The Hill

Discover how your family can enhance their health —mentally, physically, and spiritually—with actionable steps and guidance. Get in shape, communicate better, and live in pursuit of purpose.



Health & wellness checks

Fitness and exercise support



Meal Prep
Demonstration

Relaxation and Recovery

Location: 2840 Glenn Hills Rd. Augusta, GA 30906

Date: Oct. 26th, 2024

Time: 11AM - 2PM

For sponsorship information, please contact us
at carliea@the180plan.org or
706-955-4053. For event updates, visit
<https://rb.gy/ec071c>